

# What Works in Therapy: Do Treatments vary in Efficacy?

- The results:
  - No difference in outcome between approaches intended to be therapeutic on both direct and indirect measures;
  - $D = .00$  (Upper bound  $E.S = .13$ )
  - $NNT = 14$ ;  
(14 people would need to be treated with the superior Tx in order to have 1 more success as compared to the “less” effective Tx).

